NEW MEXICO ALLIANCE FOR SCHOOL-BASED HEALTH CARE

TEEN RELATIONSHIPS

RESOURCE ROUNDUP

Explore. Share. Connect.

LOVEISRESPECT.ORG

Information on boundaries, healthy relationships, unhealthy relationships, relationship quizzes, Safety Plan Guide, Chat Live and Text options

JOINONELOVE.ORG

Teen specific resources, Parent & Caregiver Guide, Educator Guide, Youth Leadership Program

AMAZE.ORG

Psychoeducation for different age groups, Resources for parents and educators

MYPLANAPP.ORG/TEEN

App for teens with interactive relationship quizzes, personalized safety strategies, + localized resources. Has safety information specifically for teens who may be in an abusive relationship

FUTURESWITHOUTVIOLENCE.ORG

Has a variety of free safety and education cards that can be placed around health center

HEALTH-PROMOTING RELATIONSHIPS PARADIGM

This paradigm describes a fundamental way of being in relationships that can cultivate protective beliefs in youth ages 11-18 to prevent mental and behavioral health risks and promote flourishing.