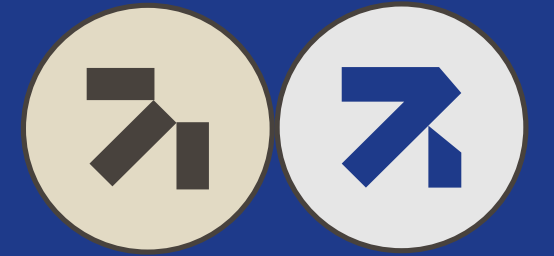
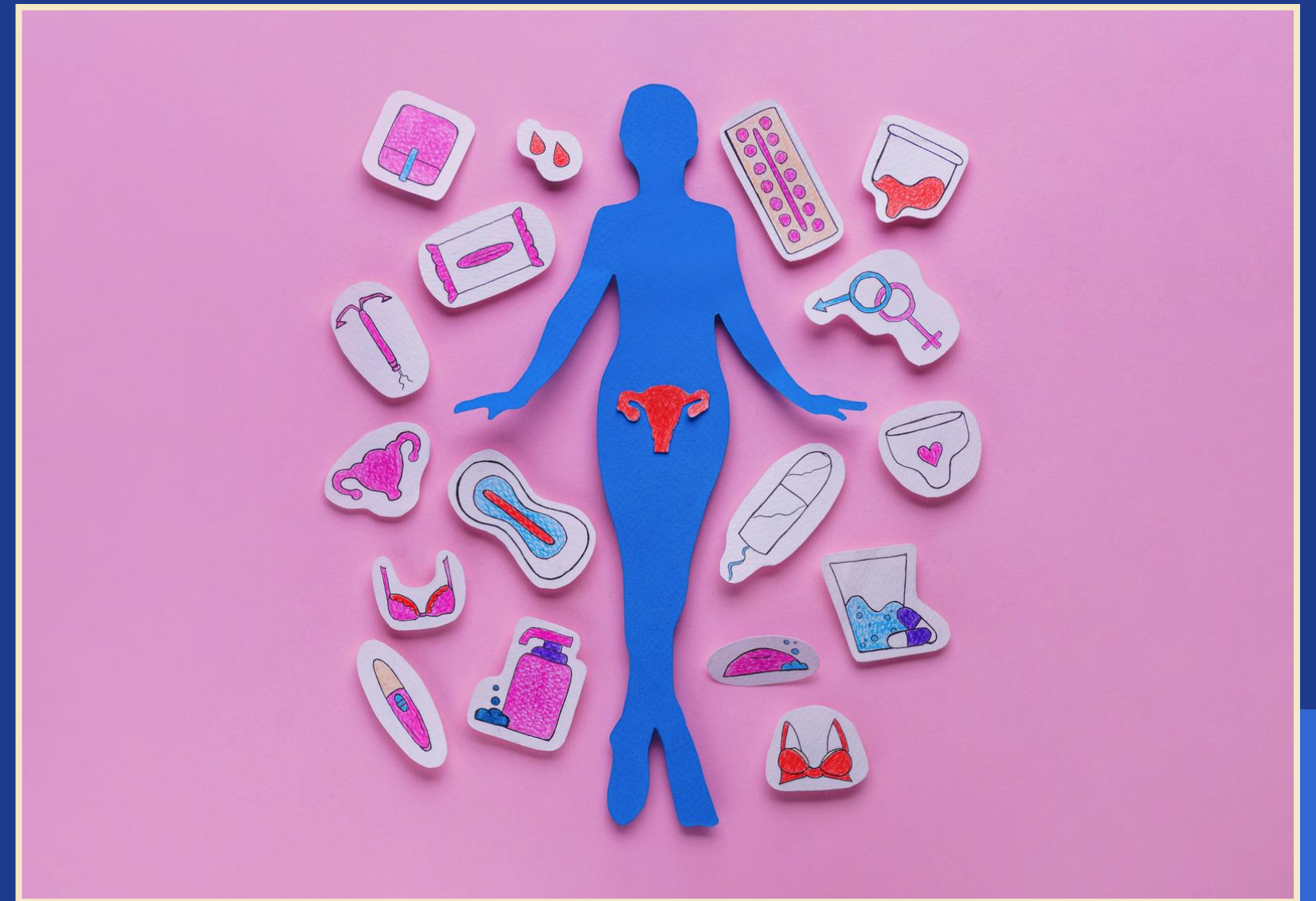


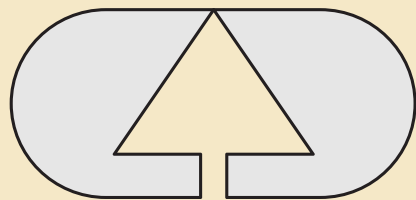
REPRODUCTIVE HEALTH



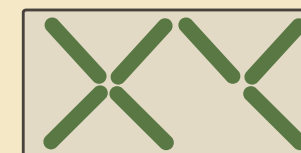
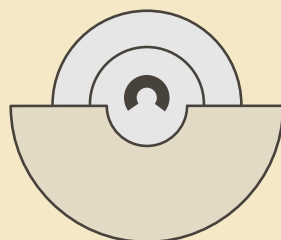
REDUCING THE STIGMA WITH
SCHOOL-BASED HEALTH CENTERS



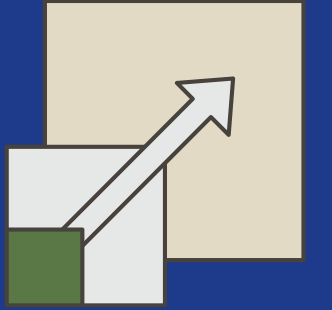
● Amiriss Lopez ● Rachel Baudo ● Kate Watkins ● Lucy Chesney ● Asha Martinez



WARM UP: CONCENTRATION



OUR BACKGROUND

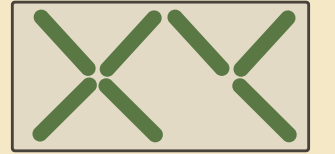
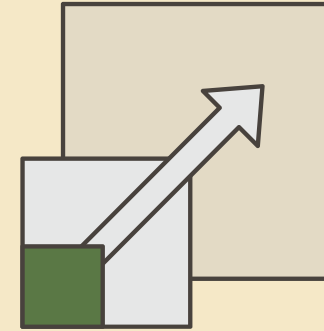


We are students from New Mexico, four of us from Albuquerque, and one from Ruidoso. Our group works as part of the Youth Advisory Group for the NM Alliance of School-Based Health Centers. In total, NM has 78 school-based health centers to serve the student community. **It's our pleasure to share the work we care about and learn from all of you!**



THE 'LAND OF ENCHANTMENT'

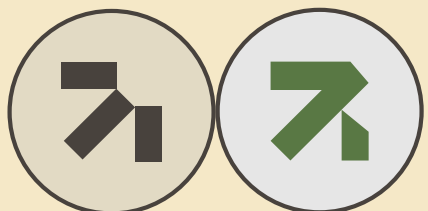
KEY MESSAGE

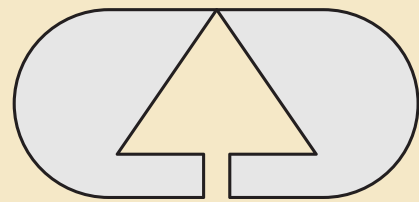


THE HARMFUL STIGMA AROUND REPRODUCTIVE HEALTH MAKES IT AN UNCOMFORTABLE TOPIC FOR MANY STUDENTS. SBHC'S CAN EMPOWER STUDENTS TO TAKE REPRODUCTIVE HEALTHCARE INTO THEIR OWN HANDS THROUGH EDUCATION, CONFIDENTIALITY, AND PERSONALIZED SUPPORT.

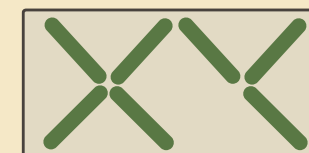
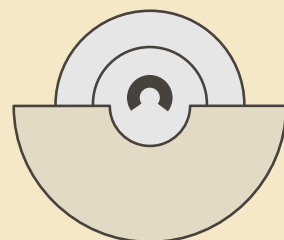
WHAT WE'LL DO

- **Describe** how reproductive health stigma appears in schools
- **Examine** the disconnect between SBHC's and students
- **Highlight** the impact of SBHC's on reproductive support and education for students
- **Report** on youth-led activities that give insight into a student perspective on reproductive healthcare





HOW ARE WE USING THE TERM *REPRODUCTIVE* *HEALTH?*

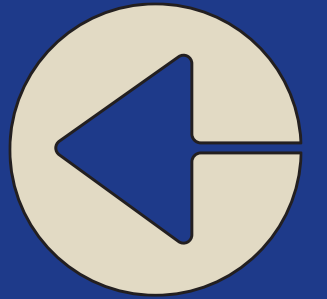


PROBLEM IDENTIFICATION

The stigma around reproductive health care appears in schools in a variety of ways. These include:

- Rumors
- Cultural expectations
- Judgments

HOW DO WE BREAK THE STIGMA?





WHAT WE DID



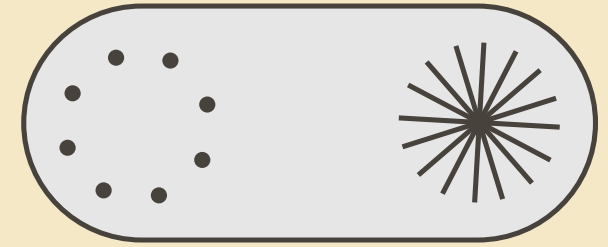
We talked to students: Our goal? Figure out their perspective and knowledge of reproductive health

How we engaged students:

- Set up a booth at lunchtime
- Quizzed students on reproductive healthcare
- Asked directly about their knowledge of reproductive health
- Put up posters advertising the SBHC



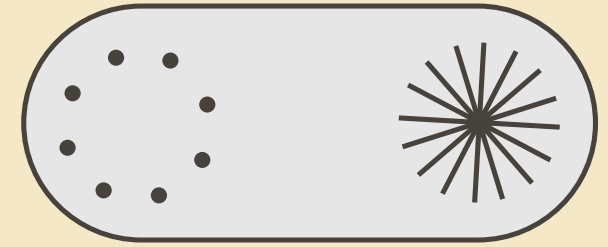
TRIVIA:



**WE ASKED AHS STUDENTS 5 QUESTIONS COVERING
A VARIETY OF REPRODUCTIVE HEALTH TOPICS.**

NOW LETS SEE WHAT YOU CAN DO!

**DO YOUR BEST TO ANSWER THE QUESTIONS WE GAVE TO
STUDENTS. LETS SEE IF YOUR REPRODUCTIVE KNOWLEDGE
ALIGNS WITH THE STUDENTS OF AHS!**



**1. WHAT ARE THE PASSAGEWAYS
THAT CARRY AN EGG CELL FROM
AN OVARY TO THE UTERUS?**

- A) URETHRA**
- B) FIMBRIA**
- C) FALLOPIAN TUBES**
- D) LABIA**

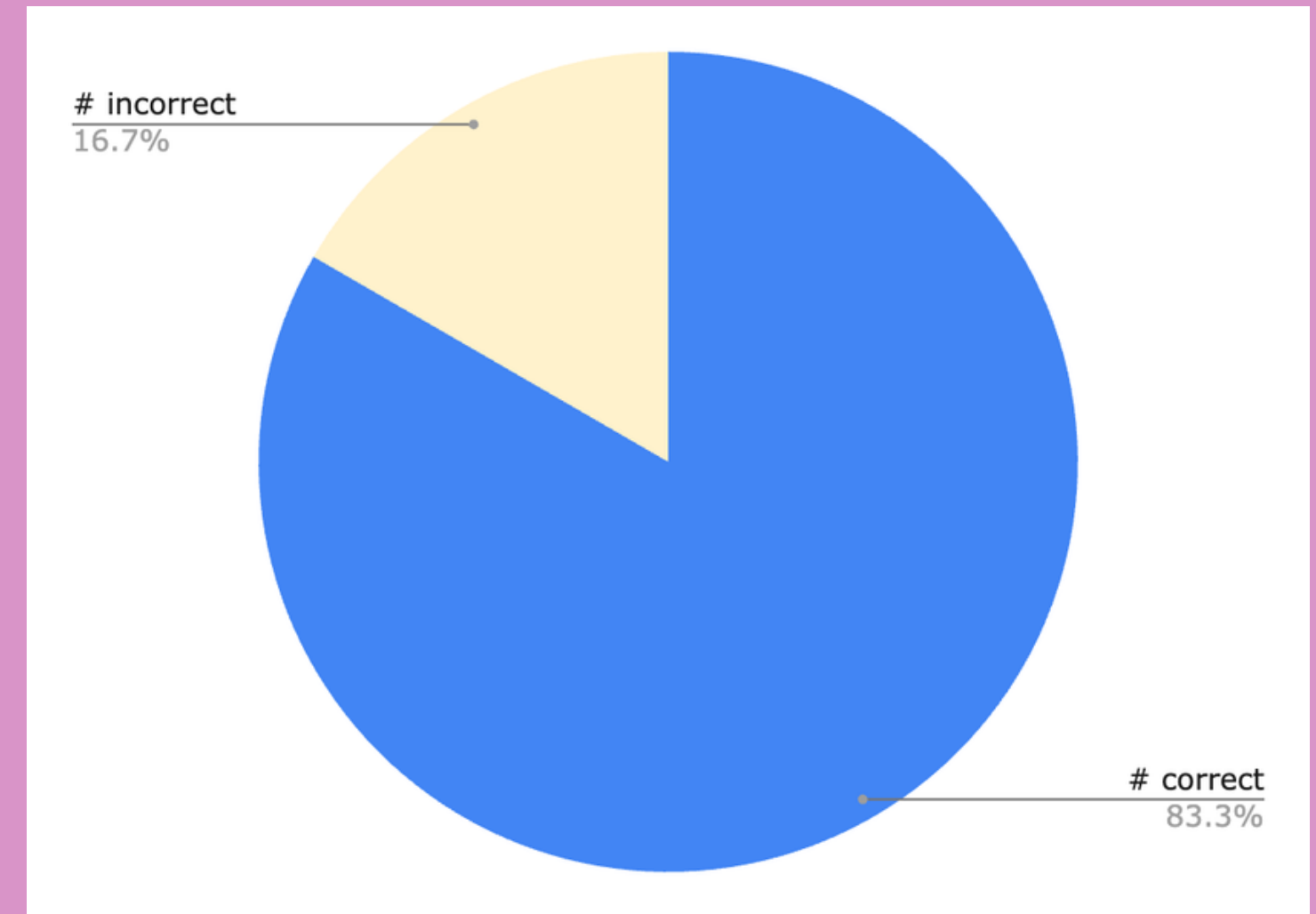
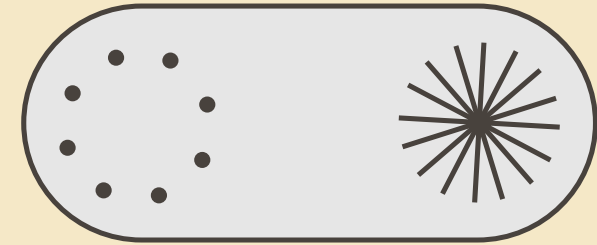
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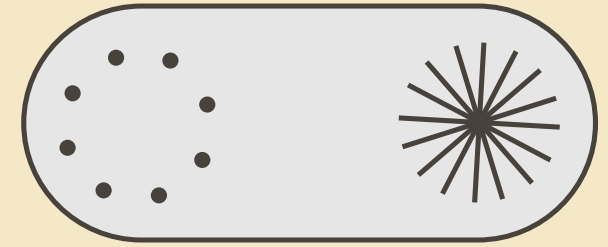
A) URETHRA

B) FIMBRIA

✓ FALLOPIAN TUBES

D) LABIA



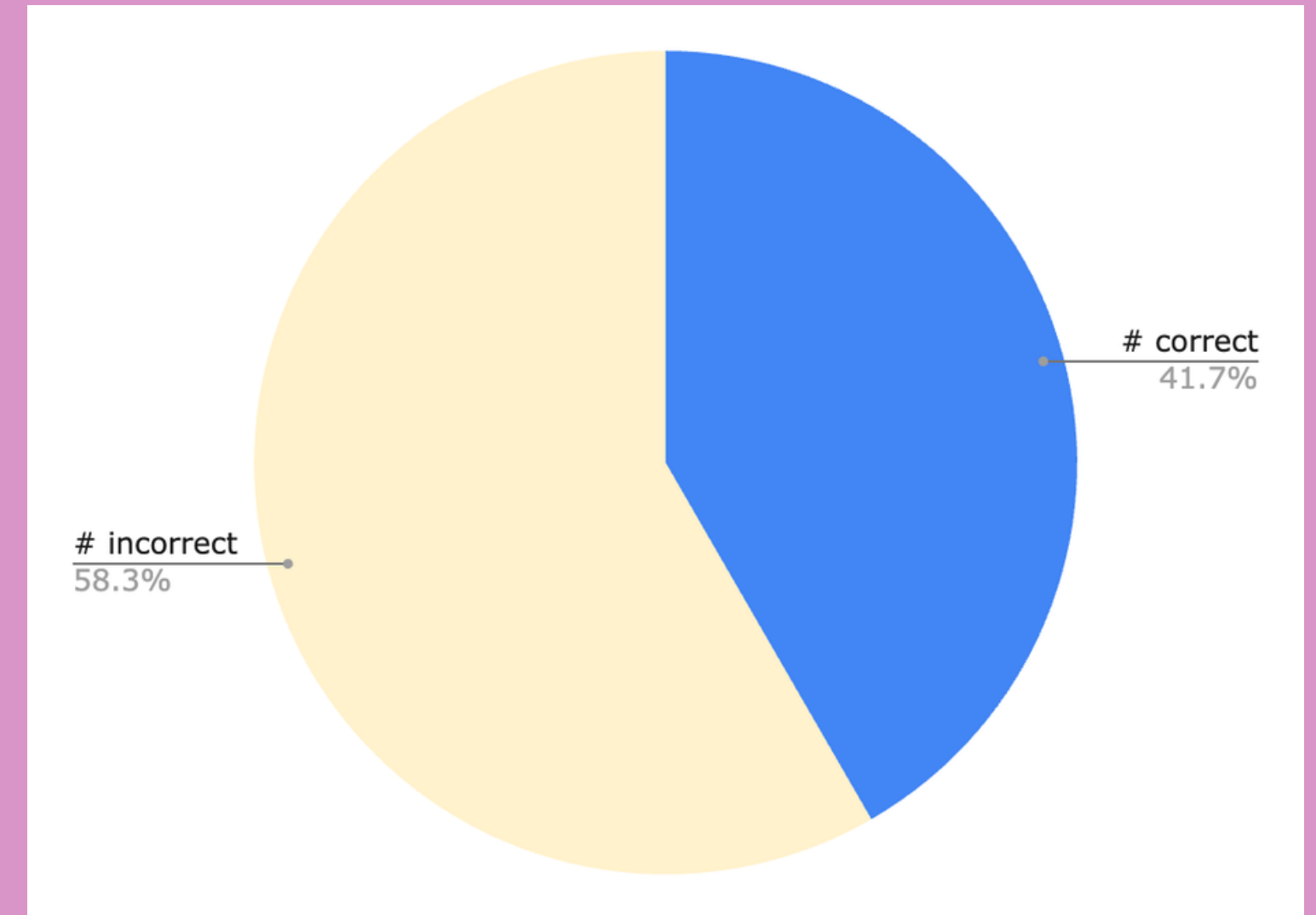


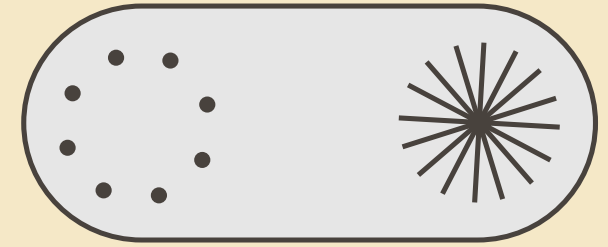
2. WHAT PERCENTAGE OF TEENS HAVE SENT ELECTRONICALLY, OR POSTED ONLINE, NUDE OR SEMI-NUDE PICTURES OR VIDEOS OF THEMSELVES?

- A) 50%**
- B) 10%**
- C) 20%**
- D) 3%**

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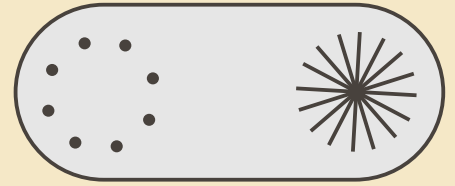
3. BY WHICH NAME IS FAMILY PLANNING CURRENTLY KNOWN?

A) REPRODUCTIVE AND CHILD CARE

B) FAMILY AND CHILD CARE

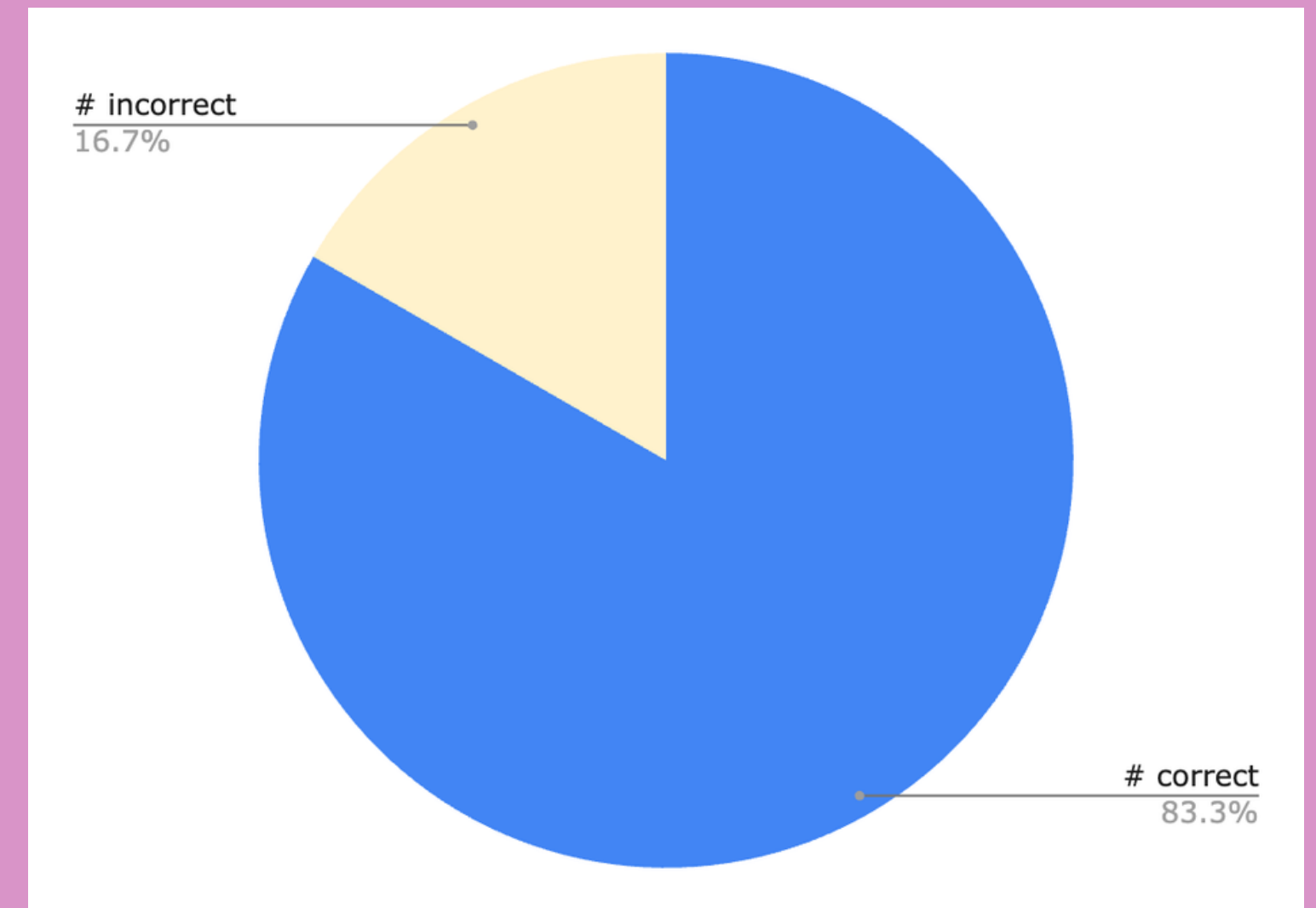
C) REPRODUCTIVE AND CHILD HEALTH

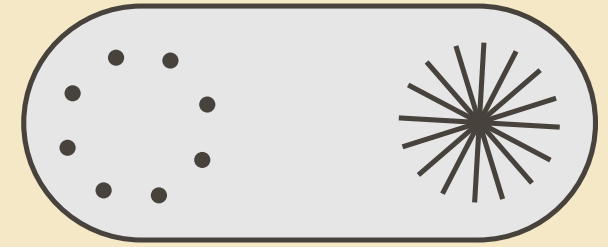
D) REPRODUCTIVE AND CHILD HEALTH CARE



3. BY WHICH NAME IS FAMILY PLANNING CURRENTLY KNOWN?

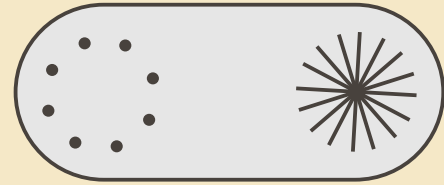
- A) REPRODUCTIVE AND CHILD SERVICES
- B) FAMILY AND CHILD CARE
- C) CONTRACEPTION AND FERTILITY CONTROL
- ✓ REPRODUCTIVE AND CHILD HEALTH CARE





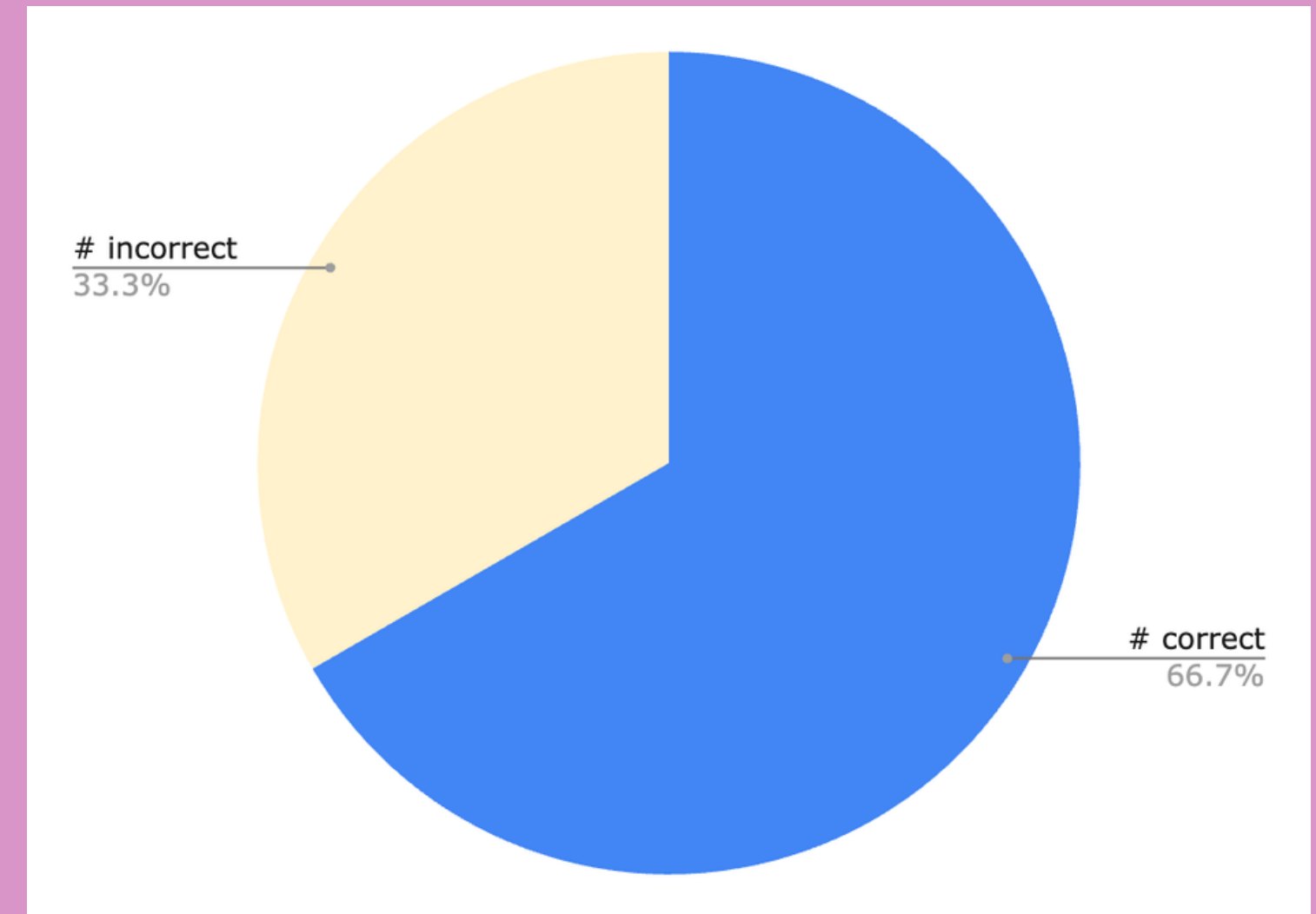
4. STERILIZATION PROCEDURE IN THE MALE IS CALLED

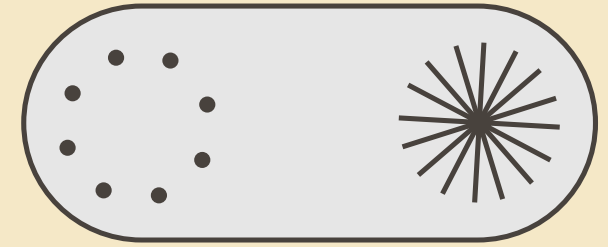
- A) VASECTOMY**
- B) TUBECTOMY**
- C) SALPINGECTOMY**
- D) HYSTERECTOMY**



4. STERILIZATION PROCEDURE IN THE MALE IS CALLED

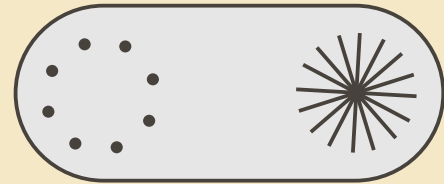
- ✓ VASECTOMY
- B) TUBECTOMY
- C) SALPINGECTOMY
- D) HYSTERECTOMY





5. THE CONTRACEPTIVE METHOD IN WHICH THE COUPLES AVOID OR ABSTAIN FROM COITUS DAY 10/17 OF MENSTRUAL CYCLE IS CALLED

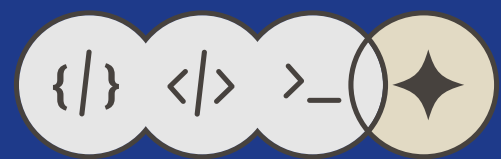
- A) LACTATIONAL AMENORRHOEA**
- B) COITUS INTERRUPTUS**
- C) PERIODIC ABSTINENCE**
- D) WITHDRAWAL METHOD**



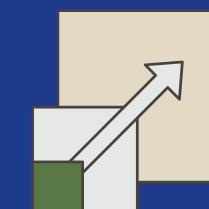
5. THE CONTRACEPTIVE METHOD IN WHICH COUPLES AVOID OR ABSTAIN FROM COITUS DAY 10/17 OF MENSTRUAL CYCLE IS CALLED

- A) LACTATIONAL AMENORRHOEA
- B) COITUS INTERRUPTUS
- ✓ C) PERIODIC ABSTINENCE
- D) WITHDRAWAL METHOD





WHAT STUDENTS DON'T KNOW



We traded donut holes for questions about reproductive healthcare that students had due to misconceptions they'd been exposed to.

Here's what we got:

How do STI's translate to sex within the same genitalia?

Do used condoms still work?

How do STI's translate to sex within the same genitalia?

Is there a 0% chance of pregnancy with the "pull out" method?

Is a vasectomy permanent?

Does plan B always work?

How long does the Nexplanon birth implant last?

Are women really born with all of the eggs they'll ever have?

How do you actually prevent reproductive cancers?

Is using 2 condoms allowed?

How long does it take a baby to develop?

What are the fallopian tubes and what do they do?



**LETS PLAY A GAME! LOG INTO
KAHOOT AND TEST YOUR
REPRODUCTIVE KNOWLEDGE.**

Kahoot

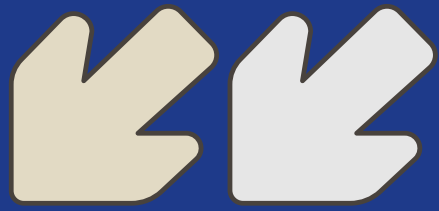
PRIZES!!!!!!



DIVERSE PERSPECTIVES

What barriers divide students from seeking out reproductive healthcare? Take a moment to discuss with your group.

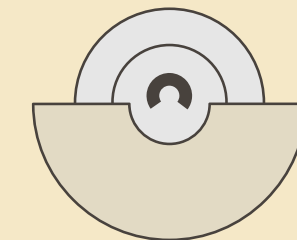




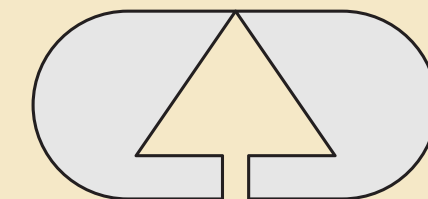
There's a considerable number of factors that affect a student's want or ability to access reproductive healthcare

- **Gender norms create a stigma around males seeking reproductive healthcare in what they may see as a “female-focused” activity**
- **Pride and reputation affect willingness to participate in vulnerable healthcare measures like STD testing**
- **Socio-economic status- a lack of access to health centers affects regular visits**
- **Personal and statewide politics discourage access to many forms of reproductive healthcare**
- **Impersonal or brief experience of sexual education and reproductive healthcare**

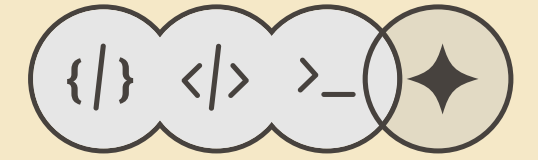




**TAKE A MOMENT TO
THINK ABOUT HOW YOUR
SBHC CAN REDUCE THE
STIGMA AROUND
REPRODUCTIVE HEALTH IN
A DIVERSE STUDENT
POPULATION**



THIS IS WHERE THE SBHC COMES IN



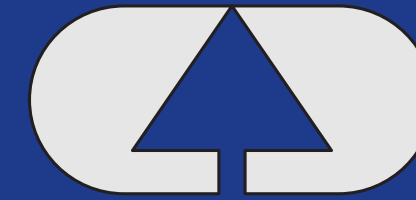
THE SBHC GIVES STUDENTS:

- A safe, welcoming space to ask questions about personal health
- A source of quality reproductive education
- Free access to healthcare that they might be unable to afford otherwise
- Address a variety of health needs within their school

SBHC's actively work against the stigma surrounding students seeking reproductive healthcare with confidential and professional care.

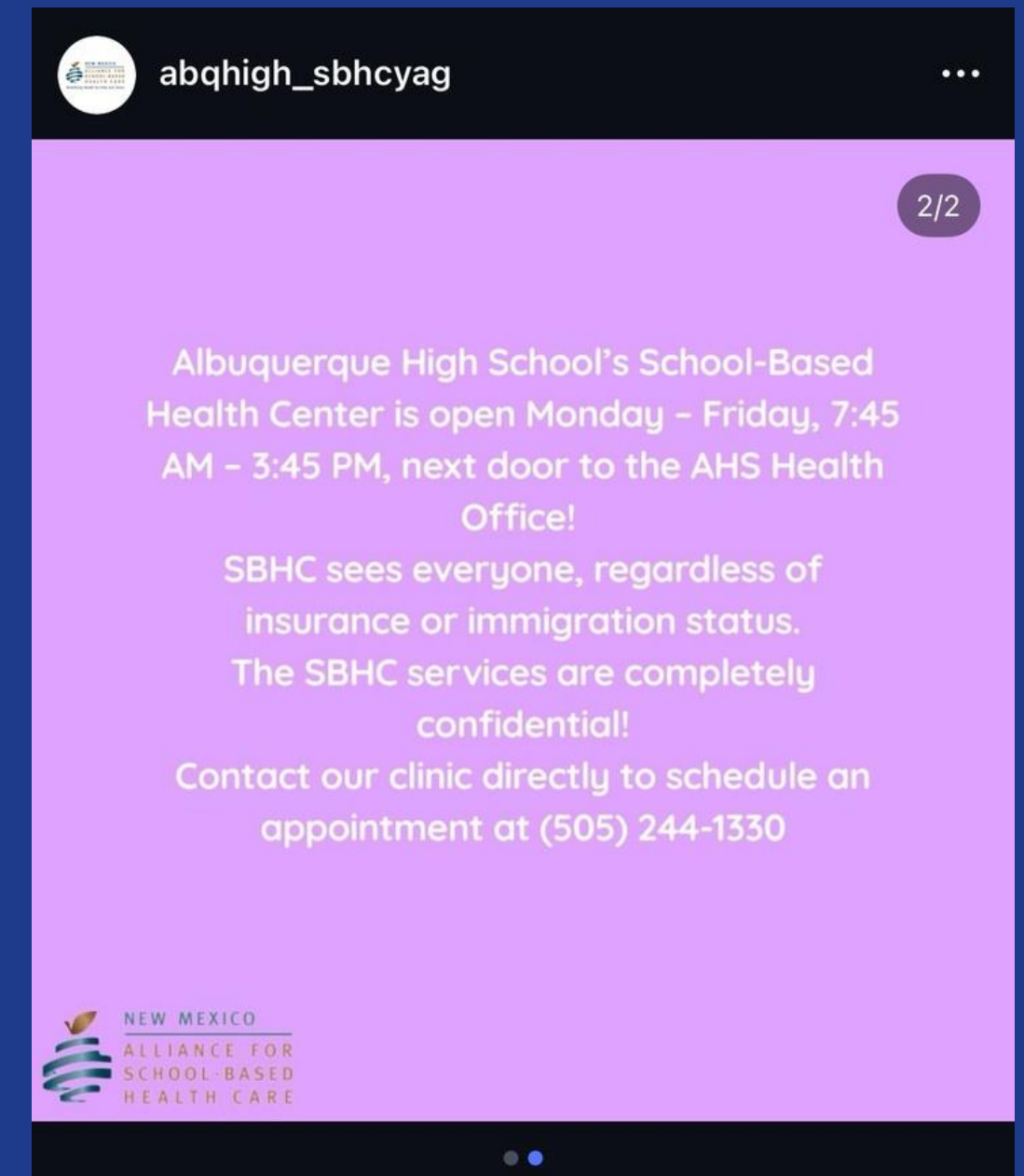
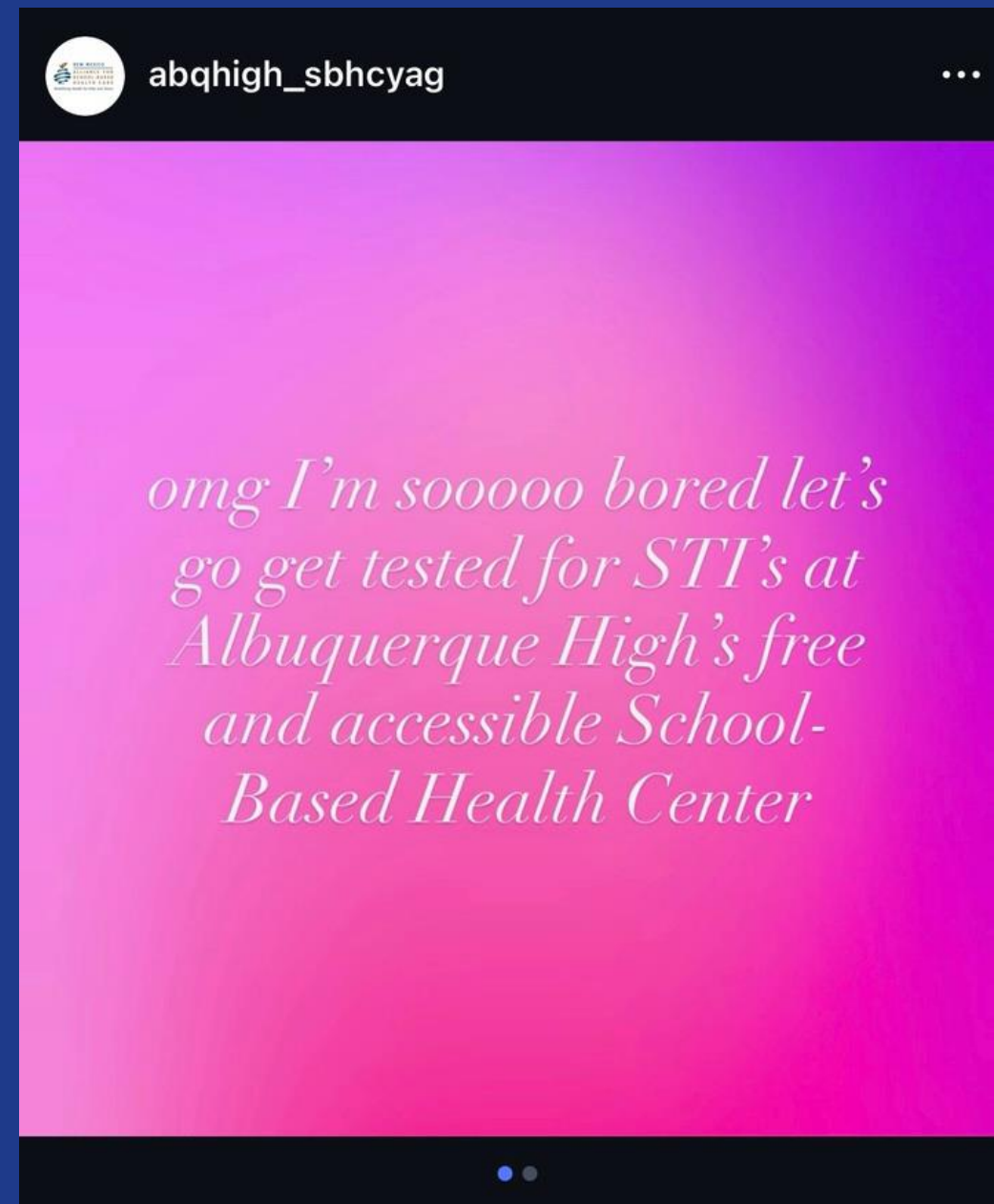


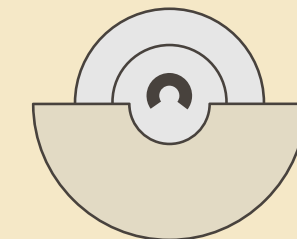
SOCIAL MEDIA



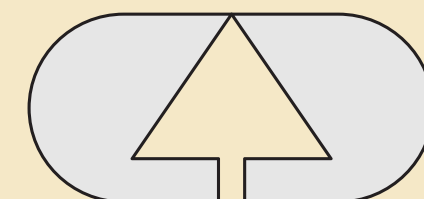
Social media is a significant part of our lives, with up to 95% of adolescents aged 13-17 reporting use of at least one form of social media.

The NMSBHC YAG has made an effort to be active on social media, given the number of students it can reach in a short amount of time. The YAG has a unique position in how we can connect and appeal to fellow students.

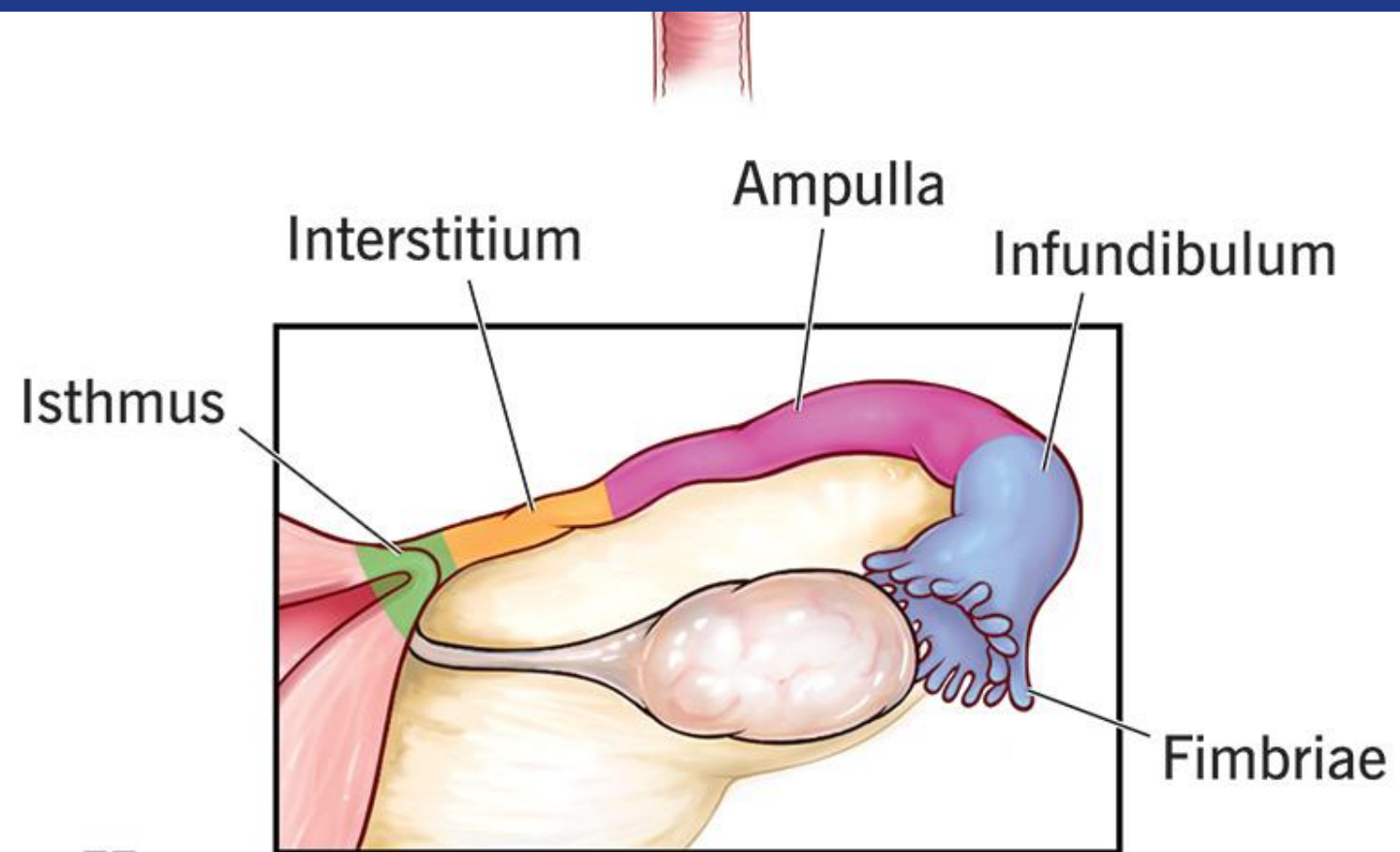




QUESTIONS?



FALLOPIAN TUBES

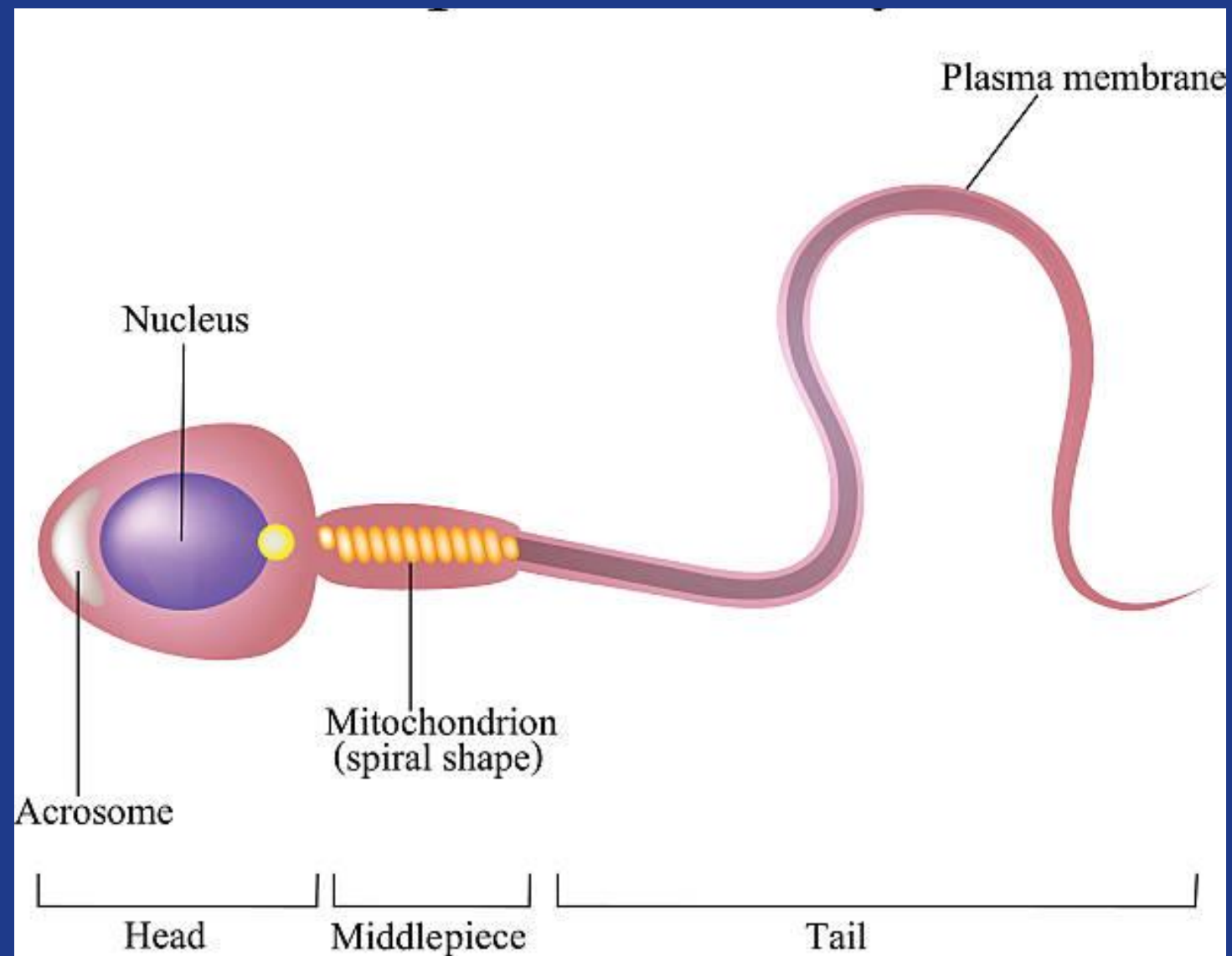



Cleveland
Clinic
©2025

Parts of the fallopian tube

TUBES THROUGH WHICH
EGGS TRAVEL FROM THE
OVARIES TO THE UTERUS

SPERM CELL

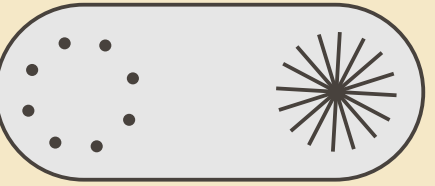


MALE SEX CELL
RESPONSIBLE FOR
FERTILIZING THE EGG

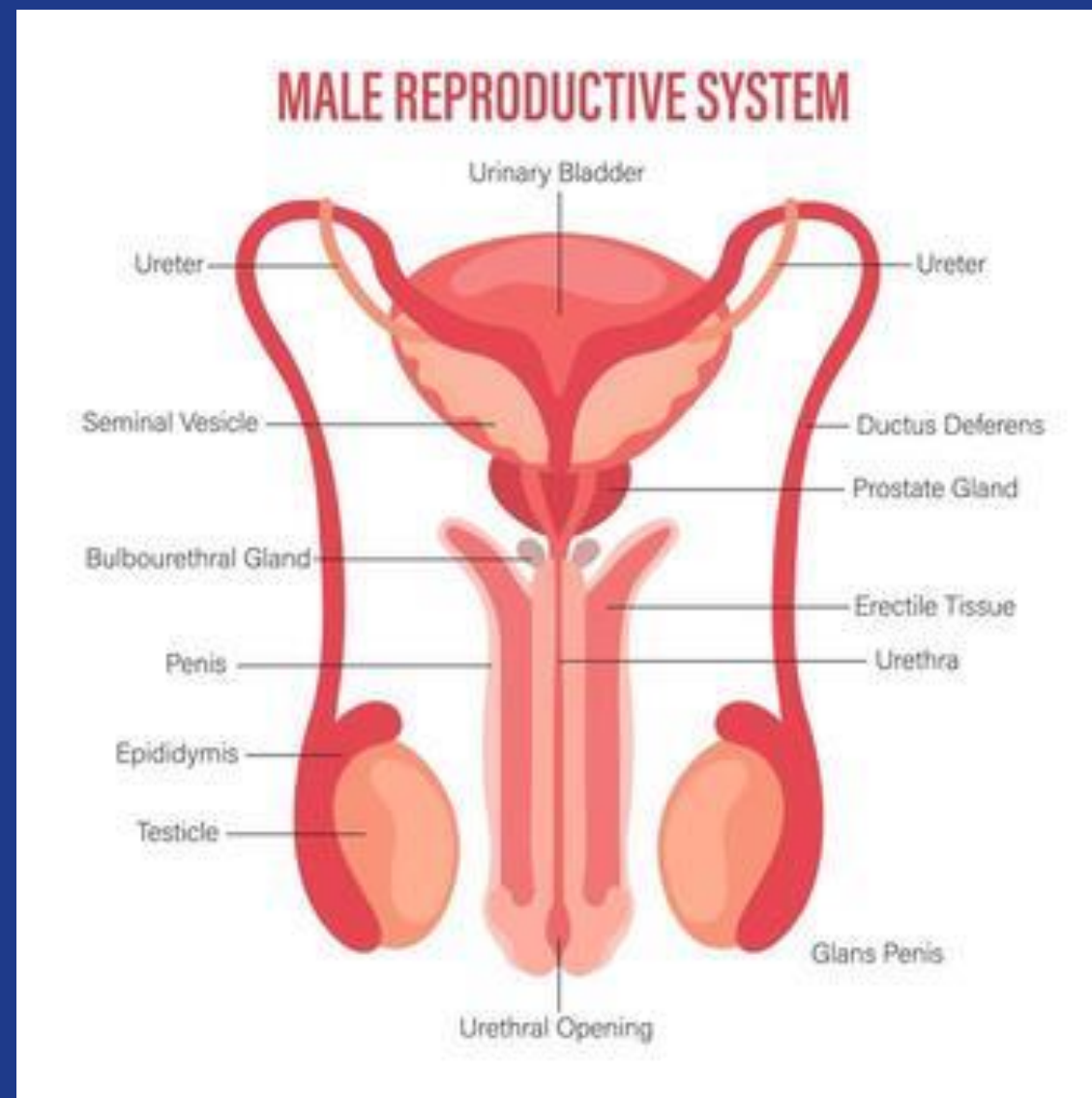
SPECULUM



MEDICAL INSTRUMENT
USED TO ASSIST WITH
VAGINAL EXAMS



INTERNAL MALE REPRODUCTIVE ORGANS

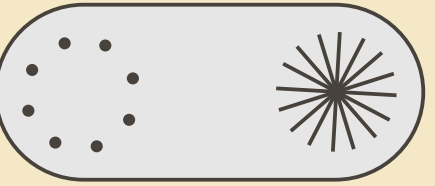


COMPRISES ORGANS
WITHIN THE PELVIS THAT
WORK TOGETHER TO
PRODUCE AND TRANSPORT
SPERM

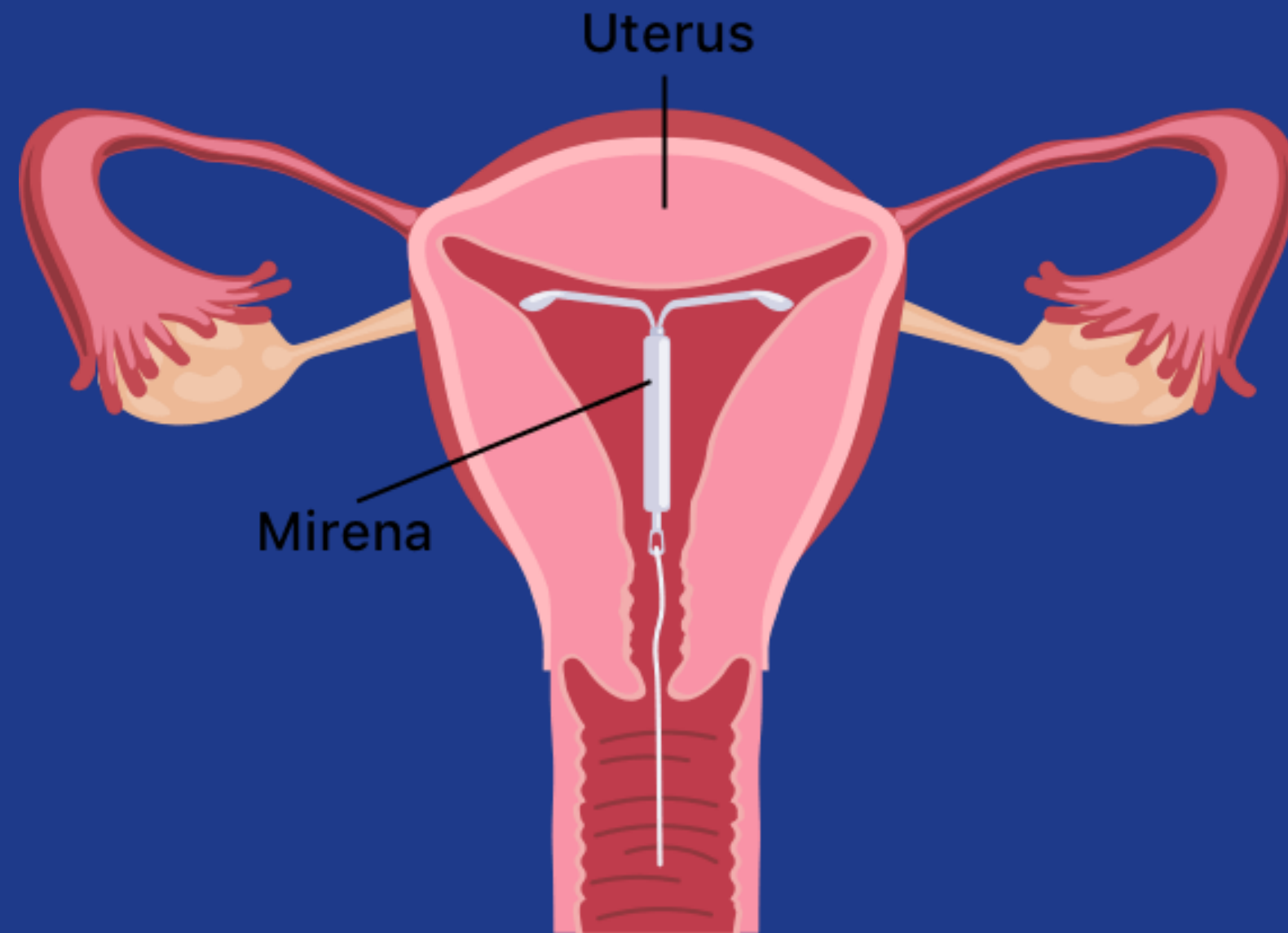
UTERUS



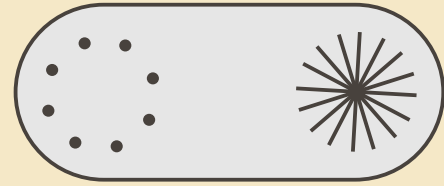
USED TO DEVELOP A FETUS
DURING PREGNANCY (ALSO
KNOWN AS THE WOMB)



INTRAUTERINE DEVICE (IUD)



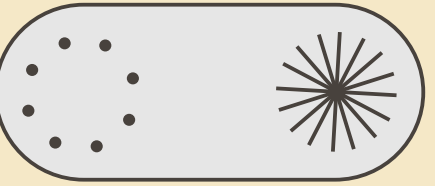
SMALL PIECE OF PLASTIC
USED AS PREGNANCY
PREVENTION



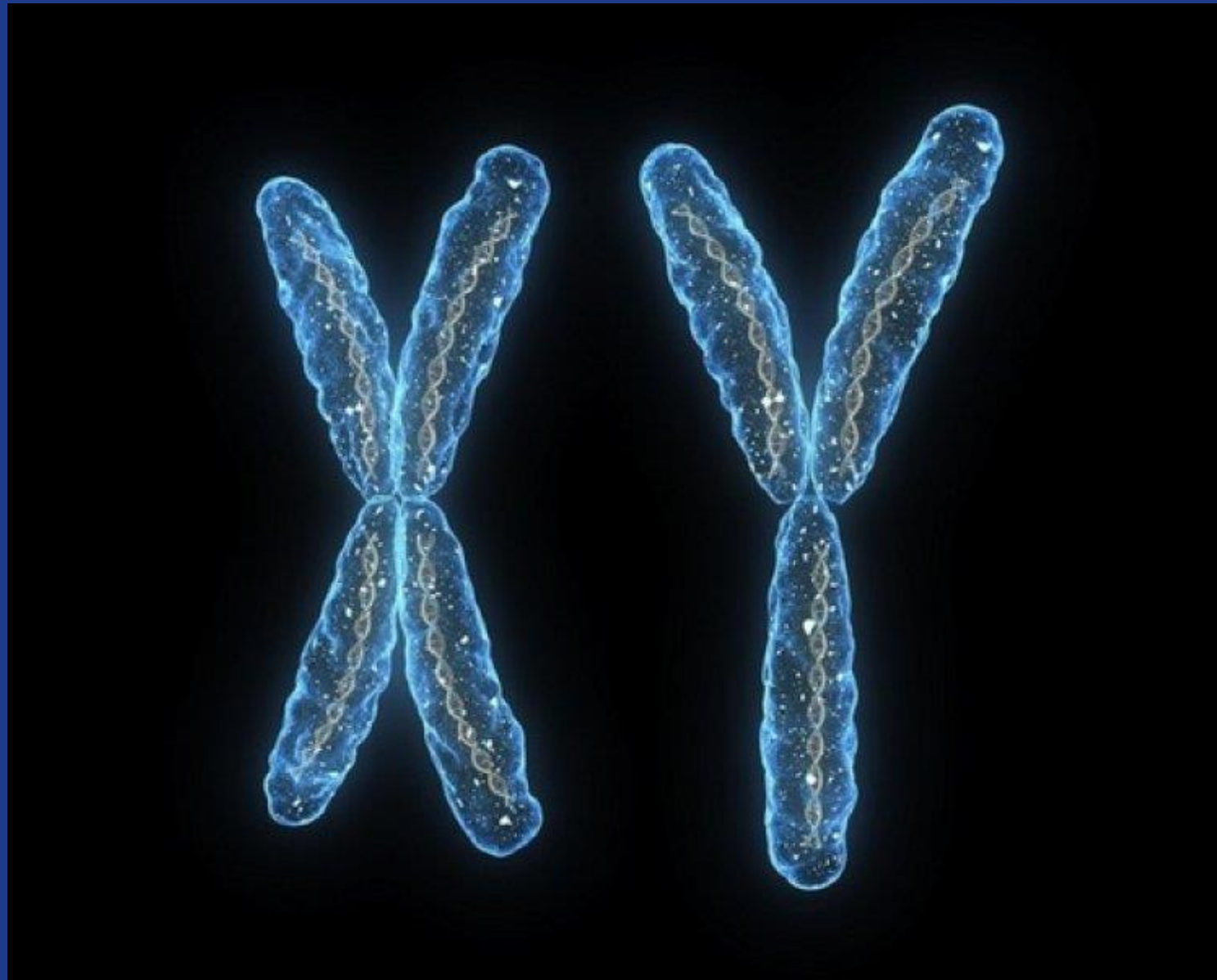
PREGNANCY TEST



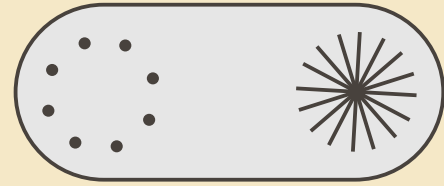
DEVICE USED TO IDENTIFY
IF A FEMALE IS PREGNANT

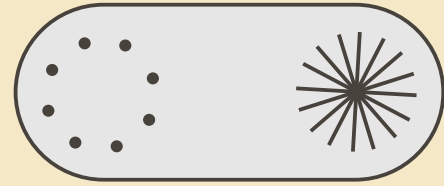


MALE CHROMOSOME

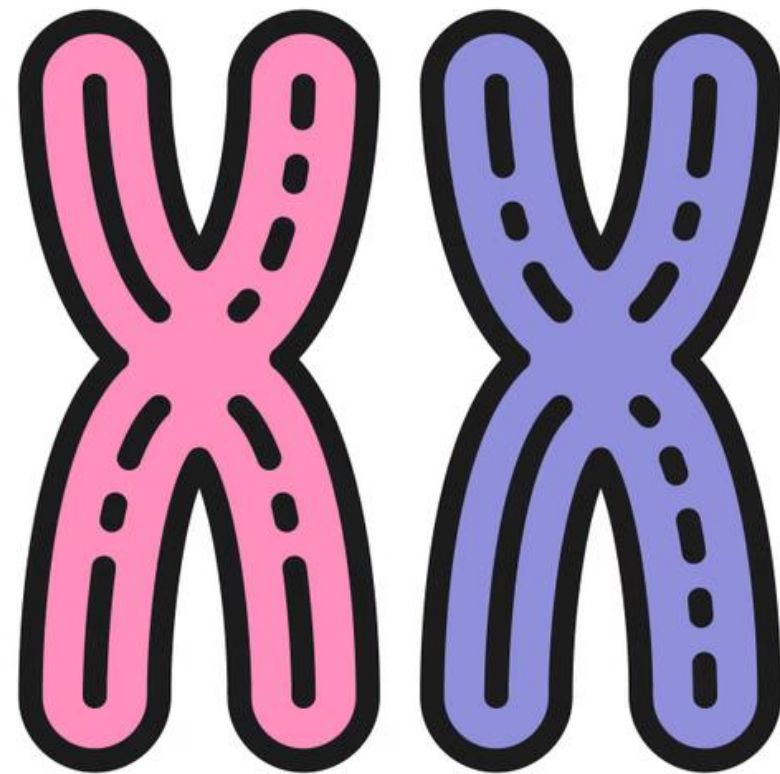


A SPECIFIC SET OF
PACKAGED DNA THAT
DETERMINES THE
BIOLOGICAL SEX OF AN
INDIVIDUAL TO BE MALE





FEMALE CHROMOSOME



A SPECIFIC SET OF
PACKAGED DNA THAT
DETERMINES THE
BIOLOGICAL SEX OF AN
INDIVIDUAL TO BE FEMALE

THANK
YOU!

