

School-based health centers (SBHCs) provide quality, integrated, youth-friendly, and culturally responsive health care services to keep children and adolescents healthy, in school, and ready to learn.

Where are SBHCs Located?

28 of 33 Counties



- 50 high schools
- 11 middle schools
- 4 elementary schools
- 15 combined grade campuses



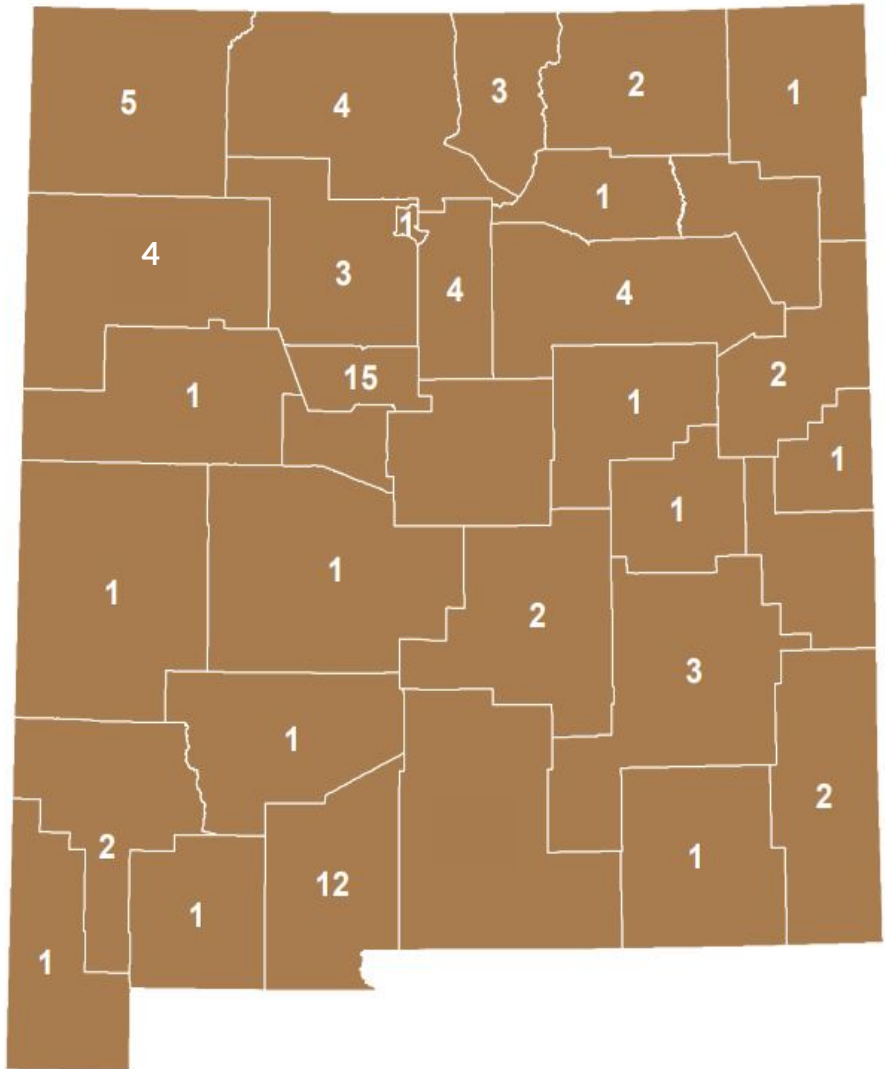
Over 85% of SBHCs are located at schools with a free and reduced lunch rate over 50%



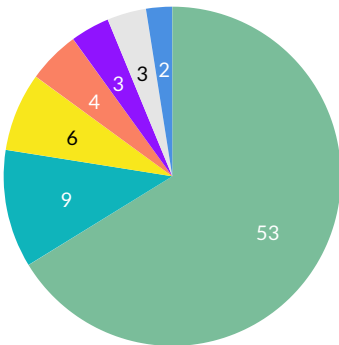
Over 90% of SBHCs are located in Health Provider Shortage Areas (HPSAs) for primary care, behavioral health, and/or both.

80 SBHCs Operating in New Mexico*

56 are funded by NMDOH.



Who Sponsors SBHCs?



- FQHC (66.25%)
- IHS/Tribal (11.25%)
- University (7.5%)
- Hospital (5%)
- REC (3.75%)
- Private Practice (3.75%)
- Other (2.5%)

*7 of these are limited in scope, providing only BH or PC services, operating less than weekly, or near but not on the school campus.

Impact of SBHCs



Who do SBHCs Serve?

- 100% serve any students at the host school regardless of ability to pay
- 63% serve school staff
- 46% serve students from other schools/districts
- 33% serve family/siblings of students
- 55% can serve pre-k
- 35% can serve children 3 and under
- 14% serve the broader community

What Services are Provided?

- Acute care for minor illnesses and injuries
- Behavioral health care
- Comprehensive wellness exams (EPSDT)
- Immunizations
- Prevention, diagnosis, treatment, and management of chronic diseases
- Reproductive health care

62% of students who use a SBHC say that they miss less class time by going to the SBHC than going someplace else.*

*based on data from those surveyed at NMDOH funded SBHCs

SBHCs serve our most vulnerable children and teens



98%

report serving students who are homeless.



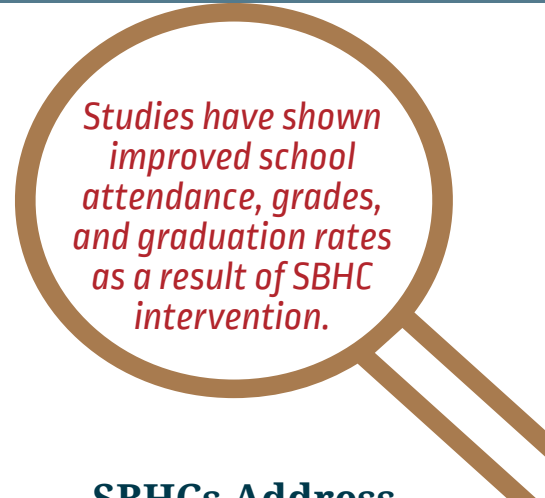
94%

report serving students whose families experience hunger/food insecurity.



71%

report providing direct support for LGBTQ+ students through SafeZones, Gay Straight Alliances, behavioral health support groups, etc.



Studies have shown improved school attendance, grades, and graduation rates as a result of SBHC intervention.

SBHCs Address Reproductive Health Needs

85%

of SBHCs can provide some level of contraceptive care: condoms, birth control prescriptions, dispense birth control onsite, LARC, etc.

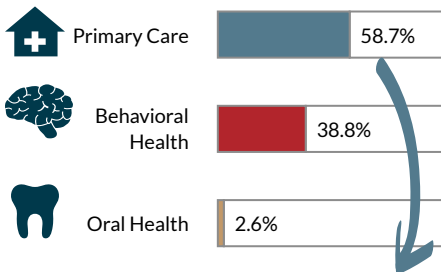
54%



of SBHCs report they can provide Long Acting Reversible Contraception (LARC) services.

NMDOH Funded SBHCs

SBHCs Provide Comprehensive Care



Of All Primary Care Visits



- Acute Care (58.7%)
- Reproductive Health Care (26%)
- Comprehensive Wellness Exam (9.9%)
- Sports Physicals (5.4%)

Success Story: SBHCs Help Save Lives

"A 13-year-old uninsured male came to the clinic for a sports physical. During the visit a heart murmur was noted. The murmur was very pronounced and, according to the father, was never evaluated. During the visit, the student was referred to cardiology and subsequently diagnosed with aortic stenosis. He was then scheduled for surgical intervention in Albuquerque, during which the cardiologist successfully repaired his heart. The student will be evaluated yearly by cardiology. Post surgery the student is able to participate in soccer freely and is living a healthier life."
[SBHC Staff]

SBHCs Respond to the Behavioral Health Crisis

100%



of SBHCs are committed to providing behavioral health services.



19.3

average number of behavioral health service hours provided per week at a NMDOH SBHC

24.6%



of behavioral health visits are for students seeking help with depression.