

School-Based Health Centers: Addressing New Mexico's Health Priorities

"Students from our SBHC group partnered with a county organization to address prevention of tobacco sales to minors by checking compliance at local businesses. They also provided tobacco education to the community. Not only are they making a positive impact on their peers, but their involvement is lifting their own self-esteem."

~ SBHC Staff

Tobacco Use

"Our SBHC staff provides suicide prevention presentations for our schools' health & PE classes. Creating awareness has resulted in students reaching out to us for help for themselves and friends when self harm and suicide are real risks."

~ SBHC Team

Suicide Prevention

Asthma

"We saw a student with uncontrolled asthma whose family struggled to get her to appointments due to transportation needs. The location of the SBHC helped us better support the family, and the student's asthma is under better control and her school attendance has improved." ~ SBHC Staff

"I am so grateful that my child has access to the same services I did 20 years ago. My senior year was a particularly difficult time for me and I was in desperate need to talk about what I was going through. If I had not received that support or had access to counseling who knows where I would be today!"

– Parent of SBHC Patient



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I am seeing an elementary student who is obese, as are both of her parents. She is very motivated and setting goals like drinking more water and eating more vegetables. Her BMI is now trending downward, and her parents are very grateful." ~ SBHC Provider

Obesity & Diabetes

"During a sports physical, a student expressed concern about substance abuse. We were able to provide behavioral health care that is helping address that need, and the student was especially grateful that the care can be provided confidentially." ~ SBHC Staff

Substance Abuse

Unintended Teen Pregnancy

"After teaching a family planning lesson in a health education class, I was approached by a student who wanted help not becoming pregnant. Both partners made appointments at the SBHC and got education, contraception and STI testing. That classroom integration is critical." ~ SBHC Staff

