

Your Standards and Benchmarks this year requires that your providers be trained, and to show proof of that training, in suicide risk assessment. Staff is also required to have basic training in recognizing and responding to the signs of suicide. Providers should feel skilled and confident in their ability to provide appropriate and effective response to suicide ideation. Also helpful is a policy and procedure within every office that requires and supports provider-to-provider communication, provider-to-parent, provider-to-patient communication and a collaborative effort to address the crisis as quickly and efficiently as possible, for the safety and benefit of the patient.

Training resources include;

Ending Suicide for Professionals Program (2 hours) CME-CEUs available on request, but costs

<http://www.larasig.com/suicideprofessionals> or www.endingsuicide.com

Click on these two titles which are on the left-hand side of the course page to enter course after creating an account.

- **Introduction to Suicide: Facts, Figures, and Theories**
How many people commit suicide each year? Where do most suicides occur? Why do people think about suicide? This course discusses suicide-related facts, statistics, and theoretical models. It presents the basic data about suicide in order to provide a strong foundation for understanding risk factors, assessment, and treatment.
- **Identification of Risk and Protective Factors in Suicide (for Health Professionals)**
Who's at risk for suicide? This course discusses the risk factors and protective factors associated with suicide. There are a variety of factors that increase an individual's risk for suicide, and this course highlights the most common in a community setting. Factors that protect against suicide are also discussed. Participants, including physicians, nurses, social workers, counselors, clergy, teachers, and parents, can use this course as a foundation for our other courses on assessment and treatment as well as our case studies.

The Jason Foundation www.jasonfoundation.com

Online professional development designed for educators, school personnel and youth leaders. About 2 hours long. Although it is designed for educators, anyone can take the training. You only need do Module 1 to fulfill SBHC requirements.

To access the online training:

- Visit www.jasonfoundation.com
- On the home page click "Educators, Youth Workers, Coaches"
- Click "Professional Development Series" on the left side of the page
- Select your state or if your state is not listed select "other"
- Click "View Training Modules"
- Follow instruction to login or register
- At the end of each module, participants will have the opportunity to print a certificate of completion.

Other training:

QPR Training (Question, Persuade Refer) Call NM Suicide Prevention Coalition (NMSPC) at 505-315-4883 or Nancy Kirkpatrick at 505-222-8683 to arrange an in-person training. This is excellent for your whole staff. Many times, students will identify with, confide in, or open up to, a member of your staff easier than with a provider. As such, we recommend that all staff (receptionist, MA, nurse) also be trained. This is also important because the SBHC is not always open. Many trainers are available statewide for group training – course takes about 1 – 1 ½ hours. NMSPC adds the CALM (Counseling on Access to Lethal Means) to the end of the QPR training.

- QPR is also available on-line at \$10 per person through www.qprinstitute.com
- NMSPC also offers **QPR Triage** for licensed BH providers at a very reasonable fee. (Please call for more information.)

Kognito's At-Risk

All school teachers, staff and administrators (K-12) are offered [At Risk](#), which is a free, one hour on-line training. Go to www.kognito.com/newmexico to take the training, or call Nancy Kirkpatrick at 505-222-8683 for more information. This is a basic course and would be appropriate for SBHC support staff. This does print a certificate of completion, but does not offer CME/CEUs.

In-Person Training for Primary Care Providers (Call Nancy Kirkpatrick)

<http://www.sprc.org/for-providers/primary-care-tool-kit-educating-staff>

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