

**RFK SBHC  
4300 Blake SW  
Albuquerque, New Mexico 87121  
505-873-0060 Ext 61114**

## **Success Stories 2009-2010**

### **Teen Pregnancy**

**17 year old female, Native American**

**A young female student came into the Robert F. Kennedy SBHC, Albuquerque, New Mexico and requested a pregnancy test. She was dating a young man for a couple of months, had done a pregnancy test at home, but wanted to be sure.**

**The pregnancy test verified the students' findings. Information was given, questions answered and the student was referred to an OBGYN, an appointment made for her at that time. Follow up visits were scheduled at the SBHC throughout her pregnancy.**

**This student was a party girl; drinking, rave parties, many school absences. After finding out she was pregnant, she started asking questions about how she could eat right and what she could do for her baby so her baby would be healthy when it was born.**

**Over the months this young pregnant teenager, tried to eat healthier foods, rest, stopped drinking and partying, came to school on a regular basis and believed her education was important now that she was going to have a baby to take care of.**

**The student lived with her grandmother. Her boyfriend was supportive and understanding at times, but with teenage relationships, as expected it was stressful and confusing for this student through out the pregnancy.**

**This student had no income, didn't know how she was going to take care of her baby, where she would get a car seat, baby clothes, diapers or anything.**

**Through the SBHC staff, the student was assisted with information on birthing classes, local public programs, information to alleviate her many questions and concerns, etc. This student came to the SBHC on a daily basis for support, encouragement, and sometimes just a hug.**

**On May 14<sup>th</sup>, 2010 a healthy baby girl was born, 7# 2 oz., 20" long. Mother and baby are healthy and doing fine.**

**This student plans to complete her senior year at RFK in the fall and continue her education. The SBHC staff hosted a baby shower for this student. SBHC staff, school staff and teachers attended the shower and brought gifts to give her and her infant daughter a good start. The student was shocked, excited and grateful to think so many people really cared about her.**